

Writing B2

Part 1

Your foreign friend goes to work overseas for a few years. She/he would like to keep in touch with her/his grandparents and asks your opinion about teaching the grandparents how to use the computer. Write her/him an e-mail (ca. 200 words) and mention the following:

- *the advantages and disadvantages of electronic communication (e-mail, Skype)*
- *how (where, from whom) these elderly people could learn the use of modern electronic devices (mobile telephone, computer)*
- *in your opinion what age group uses / does not use the computer usually (why)*
- *the disadvantages (if there are any) of not using the modern electronic devices*

Dear,

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I was greatly surprised when I heard that you are going to work overseas for such a long time. You have to know that I will miss you, but I'm glad that you would like to keep in touch with your relatives, especially your grandparents. It's nice to hear that you ask my opinion about teaching them how to use the computer, so I tried to write down some important things, here it is.

As you know, electronic communication, such as e-mail or skype has advantages and disadvantages too. About the advantages: if you want to tell something very important to somebody, you don't need to go to the post office to send a letter and wait for days to get the answer, just access the Internet and that's it. I know that there is an other option, which is a mobile phone, but what if the person switched it off? So, the Internet is fast, and you don't have to pay so much money for it, e.g.: you can write an e-mail in an Internet cafe too. But on the other hand, it's possible that the computer beaks down or catch a a virus, or there is no electricity in your town.

You can ask an important question: how these elderly people could learn the use of modern electronic devices? My answer is, that you should show them how to call people with a mobile phone (just press the green button) or write an e-mail with a computer. After it, it's necessary to practise these two tasks before you have, to remember the method of calling a person or writing an e-mail. Of course you can write down the steps on a piece of paper, in this way they can make it without you.

In my opinion, teenagers use the computer usually, because with the help of the computer they can play computer games, listen to music, read an electronic book, chat with their friends and collect lots of information that is necessary because of a homework. I think that elderly people don't use the computer usually, because they don't care about it, they don't have the skills in this modern world to use it, but there are some people of old age who want to learn how to use it. Because of this, we have to teach them to use it.

I think that a person can live without modern electronic devices, like our relatives in the past, but we live in a modern world and we have to keep steps with our technology, because if we not, we are going to be stupid people after a little time.

I hope that I could help you with my ideas, please let me hear from your grandparents after you leave. I look forward to hearing from you!

Best wishes, Klaudia

Part 2

What and when we eat is very important. An internet forum calls its readers to send their comments concerning this topic. Write your opinion (ca. 200 words) and include the following:

- *dietary habits in your country*
- *how healthy your national dishes are*
- *your opinion on the convenience foods (for example: frozen or oven-ready meals)*
- *cooking at home or eating in restaurants (why)*
- *the influence of diet on preserving health*

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because I finally want to live a healthy long life, so I went on a diet, this was the first step, and it is not easy, but I will not give it up.

In my country which is Hungary there are so many dietary habits to loose weight, people find out lots of crazy diets, but the wellknown is that you should eat five times in a day, and little portions, drink two or three liter water, fruits and vegetables as much as you can, and do whatever sports from running to swimming.

I may say that the Hungarian dishes likely contain a lot of fat, because we eat meat with meat, rice, potato and little fruits and vegetables. Well, it is not so healthy. As far as I am concerned, I do not like the Hungarian cuisine, there are a few dishes that I like, but usually I do not eat Hungarian dishes.

There are other kinds of food that I can not stand which is frozen or oven-ready meals. It is not healthy at all, people buy it because they want to eat something and they do not have much time, but this is the only advantage of frozen food. I always try to have time to make some food for myself, it can be a simple sandwich or a soup.

There is a difficult question and it is hard to decide to cook something at home or eat something in a restaurant. I like eating in a restaurant because there is a friendly atmosphere, delicious dishes, appropriate service. But I do not have time to relax and go to an Italian restaurant (which my favourite by the way), and unfortunately, money is an important reason for me, because there are many expensive restaurants and I can not find a cheaper one in my town. So instead of eating out, I cook something at home and I imagine that I am in a famous restaurant.

In my opinion, diet is a good way to keep our body in a better condition, and if we choose a proper diet with sense we are able to live a happy and long life without illnesses and diseases with our loved ones. If we are lucky and successful, we can teach our friends how to do a diet and how to stay healthy.

I hope that with this comment I could help for many readers, all my advice is when you choose a diet, listen to your common sense!